

LGBTQ+ Community Resources in the Bronx

A Comprehensive Guide for Older Adults, Families, and Caregivers

This handout provides verified, affirming local resources located directly within or serving the Bronx. These organizations offer specialized support, healthcare, legal advocacy, and community spaces tailored for LGBTQ+ older adults, their families, and support networks.

COMMUNITY & GRASSROOTS RESOURCES

Destination Tomorrow

Address: 2141 Holland Ave, Bronx, NY 10462
Phone: 718-220-1491
Focus Area: Intergenerational LGBTQ+ Individuals & Families

The comprehensive Bronx LGBTQ+ Community Center specializing in economic empowerment, safe neighborhood spaces, peer support groups, educational housing workshops, and community-wide family programming.

Bronx LGBTQ Community Services Center

Address: P.O. Box 356, Bronx, NY 10463
Phone: 347-542-8291
Focus Area: Grassroots Neighborhood Support & Referrals

A dedicated local volunteer network offering peer support groups, community resource referrals, educational forums, and grassroots neighborhood advocacy for LGBTQ+ individuals and families across the borough.

GRIOT Circle (Borough-wide Outreach)

Address: Virtual / Telephone Outreach Programs
Phone: 718-246-2775
Focus Area: Older LGBTQ+ Adults of Color (Ages 50+)

Provides intentional remote outreach, telephone buddy connections, peer support circles, and homebound friendly-visiting services explicitly designed to fight isolation among aging LGBTQ+ adults of color.

HEALTH, WELLNESS, & SPECIALIZED CARE

Callen-Lorde Community Health Center (Bronx Site)

Address: 975 Westchester Ave, Bronx, NY 10459
Phone: 718-320-4466
Focus Area: LGBTQ+ Healthcare & Elder Case Management

A globally recognized leader in providing culturally competent primary healthcare, dental services, and targeted wellness programs. Features a specialized Care Coordination Department to assist older adults with Medicare navigation and benefits access.

NYC Health + Hospitals / Jacobi Pride Health Center

Address: 1400 Pelham Parkway S, Bronx, NY 10461
Phone: 718-918-7787
Focus Area: Identity-Affirming Comprehensive Primary Care

A dedicated, fully affirming medical setting within the public hospital system providing primary care, comprehensive wellness screenings, and dedicated mental health support services tailored for the LGBTQ+ community.

Montefiore Center for Positive Living / Transwellness

Address: 3444 Kossuth Ave, 3rd Floor, Bronx, NY 10467
Phone: 718-920-5224
Focus Area: Affirming Specialized Healthcare & Support Groups

Provides comprehensive specialized medical services, supportive peer groups, and chronic care navigation specifically structured to support aging LGBTQ+ individuals and historic long-term survivors.

FAMILY SUPPORT & LEGAL ADVOCACY

PFLAG NYC (Bronx Support & Outreach)

Website: pflagnyc.org
Phone: 212-463-0629
Focus Area: Parents, Children, Families, and Support Networks

The regional standard for family-to-family peer support, safe dialogue circles, and educational outreach. Actively works with local Bronx civic centers, libraries, and hybrid platforms to keep families deeply connected.

The LGBTQ Defense Project (The Bronx Defenders)

Address: 360 E 161st St, Bronx, NY 10451
Contact: LGBTQDefense@BronxDefenders.org
Focus Area: Legal Advocacy & Anti-Discrimination Support

A dedicated legal advocacy team providing holistic, compassionate legal representation, housing rights protection, and systemic advocacy for low-income LGBTQ+ Bronx residents facing discrimination.

DEDICATED OLDER ADULT NETWORKS (SAGE)

SAGE Center Bronx at Crotona Pride House

Address: 1784 Prospect Avenue, Bronx, NY 10457
Phone: 929-458-2150
Focus Area: LGBTQ+ Older Adults (Ages 60+) & Caregivers

The local neighborhood hub for LGBTQ+ elders in the borough, situated inside an affirming senior housing development. Offers hot catered lunches Monday through Friday, a CyberCenter computer lab with tech classes, fitness groups, and professional on-site case management.

SAGE National Resources (National Support Lines)

Website: sageusa.org
Hotline: 877-360-LGBT (5428)
Focus Area: 24/7 National Elder Hotline & Caregiver Care

The country's largest organization dedicated to improving the lives of LGBTQ+ older adults. Provides a free, confidential 24/7 national hotline available in English and Spanish for elders or caregivers needing immediate support, crisis intervention, or regional connections.